



Upper Swan & Districts Football Club (Inc.)

Baskerville Reserve, Memorial Avenue, Baskerville, WA 6056

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[www.upperswanjuniorfootballclub.com](http://www.upperswanjuniorfootballclub.com)

### **Coaches Code of Conduct 2021**

#### **Keep Them Safe**

Place the safety and welfare of participants above all else. Coaches should follow the advice of a Doctor when determining when an injured player is ready to recommence training or competition. Coaches must make themselves aware of any child's medical condition that has been specified on the Registration Form and if medication is required.

#### **Coaches should be Respectful and Approachable.**

All coaches should respect the rights, dignity and worth of all individuals within the context of their involvement in Australian Rules Football, refraining from any discriminatory practices based on race, religion, ethnic background, or special ability/disability. Coaches should place the welfare and safety of participants above all else. Children play football for a variety of reasons, primarily to have fun. They should not be yelled at or ridiculed for making a mistake or losing a game.

#### **Be Prepared Be Organised**

Coaches should make a personal commitment to keep themselves informed of sound coaching principles as well as growth and development of young people, and to know the rules of the age group they are coaching.

#### **Training**

Coaches should arrive at training early and leave training only after all players have gone home. Training sessions should be pre-planned consisting of a warmup, skills sessions, game day drills and a warm down.



### **Prior to the game**

A suitable arrival time and procedures including a warmup routine need to be established, agreed upon and adhered to by all team members. The coach must also ensure that they - and any assistants - are themselves prepared for the game. Set Team Rules Set Team Goals Be Authentic and believe in what you say

### **Equal Playing Time**

Y3-Y6 coaches are to ensure player game time and player rotations are consistent and even. Player development is the goal at these age groups.

Y7-Y12 coaches are to have team rules and this determines player selection and player positioning on the field. Coaches should continue to rotate and develop players, and to keep game time consistent. Coaches should avoid overplaying the talented players, aiming to maximise participation and enjoyment for all players regardless of ability, striving to ensure that all players gain equal playing time, as per rotation policy.

### **Play by the Rules**

Coaches should create opportunities to teach good sportsmanship and insist on fair play. Coaches should lead by example and act within the rules and the spirit of football. They cannot tolerate foul play, fighting or foul language. They need to be prepared to take an offending player off the ground. Coaches should ensure that they set the correct example in accepting the Umpire's decision and remember that young people play for fun, physical development, and enjoyment. Any abuse of umpires or officials of the game is not to be tolerated from coaches, support staff, players, or spectators. Coaches must endorse all Codes of Conduct set out for players, parents, and spectators by the SDFDC, WAFC & AFL.

### **All Upper Swan JFC coaches must be at least a Level 1 Accredited Coach.**

Coaches Team: \_\_\_\_\_

Coaches Name: \_\_\_\_\_

Coaches Signature: \_\_\_\_\_

Date: \_\_\_/\_\_\_/\_\_\_